The Messenger

The Monthly Newsletter of Zion Lutheran Church, Columbus, WI



I feel worthless.

Can God help me with selfesteem?

"I'm worthless!" That's a depressing statement. Yet many people silently admit to themselves

that they are worthless. The single mom who doesn't feel loved; the child or adult who can never seem to do anything right for his parents; the employee who messed up on the job again; they and many others feel that they are not worth very much.

Maybe you've felt this way. Is there an area of your life in which you want to feel better about yourself?

Many say you can establish a positive self-image by focusing on your skills, accomplishments, status, financial resources, or appearance. There's "help" out there in the form of self-hypnosis, support groups, affirmation and visualization techniques, plastic surgery, self-help books, CDs, DVDs, and other attempts to build self-esteem. All these efforts only provide a temporary, superficial lift. Ultimately, they prove to be feeble efforts to feel worthwhile.

We all want to feel a sense of worth, love, and security in our lives, but we can't provide them for ourselves. But God can. He freely gives them to us through his Son, Jesus. His Word tells us not to focus on ourselves but on him, to look not at what we've done but at what he's done for us through Jesus Christ. Our sense of worth and value—our self-esteem—is found in the Savior who lived and died in our place.

A man named Paul realized this when he said, "Whatever was to my profit I now consider loss

for the sake of Christ.
What is more, I consider everything a loss compared to the surpassing greatness of knowing Christ Jesus my Lord" (Philippians 3:8). In Jesus, we find a status before God that we could never produce, a love from God that is

unfailing, and the security for life in knowing that our Savior who loves us will be with us each and every day.

God's way of helping us build up our self-esteem is showing us Jesus. Please join us to find out more about your Savior who lived and died for you.

Worship this summer!

You are always welcome here.

Thursday evening: 6:30 pm Sunday Morning: 8:00 & 10:30 am

Sunday Monday Tuesday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 7:45-11 Sanctuary Cleaning 2:00 Ladies Aid 6:30 Worship, Communion	2 6:00 AM Bible Breakfast	ю
4 Trinity 8:00 AM Worship, Communion Online Worship Posted 10:30 AM Worship: Communion	5 Western Wisconsin District Convention	6 *7:00 PM WELS Wind Ensemble Practice		8 7:45-11 Sanctuary Cleaning 6:30 Worship	9 6:00 AM Bible Breakfast	10
11 Pentecost 2 8:00 AM Worship Online Worship Posted 10:30 AM Worship	12 6:30 *Board of Ed Mtg.	13 *7:00 PM WELS Wind Ensemble Practice	14	15 7:45-11 Sanctuary Cleaning 6:30 Worship	16 6:00 AM Bible Breakfast	17
18 Pentecost 3 8:00 AM Worship Online Worship Posted 10:30 AM Worship	19 6:30 PM Stewardship Bd Mtg,	20 *7:00 PM WELS Wind Ensemble Practice	21 6:30 PM council Meeting	7:45-11 Sanctuary Cleaning 6:30 Worship, Communion	23 6:00 AM Bible Breakfast	24 11:30 AM Fellowship Hall Reserved
25 Pentecost 4 8:00 AM Worship, Communion Online Worship Posted 10:30 AM Worship, Communion	26 9:00 AM Sanctuary Monthly Cleaning	27 11:00 AM Blood Drive *7:00 PM WELS Wind Ensemble Practice	28	29 7:45-11 Sanctuary Cleaning 6:30 Worship, Communion	30 6:00 AM Bible Breakfast	

The Quest for Peace: Prayer, Scripture Meditation, And Gratitude

Peace can be elusive. It may feel at times that peace is an unreachable destination that exists outside the realm of reality. We lead lives full of busyness, stress, and high standards. We experience tragedy, loss, and uncertainty. When we are in the midst of these challenges, where can peace be found?

Perhaps a better question to start with is this: What is peace? We can describe it in many ways. Peace can be thought of as a state of tranquility. It might be considered to be freedom from anxiety, distraction, or irritation. Peace might mean being content, feeling relaxed, or experiencing

a state of calm. Again, where can peace be found?
The Bible also has something specific to say about the source of peace. In Isaiah, Jesus is called the Prince of Peace. When Jesus was in his three-year ministry, he spoke to his disciples and said, "Peace I leave with you; my peace I give you. I do not

give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27). As we remember Easter, we can acknowledge that the true peace that Jesus came here to bring is the knowledge that he repaired our relationship with God by his ultimate sacrifice on the cross. This is the peace that lasts into eternity, and we only get glimpses of it until we reach the fullness of peace in heaven.

The challenge for some is that we are still on earth, so what do we do to have peace in the meantime? God gives us a suggestion through the writing of Paul in Philippians 4:6-7. Paul writes, "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Let's break this down a bit.

God wants to soothe our anxiety. He wants us to have peace. He wants to hear what is in our hearts and on our minds, and he wants us to bring it to him in prayer. When we bring our worries, our burdens, and our stressors to him in prayer, we know he hears us and invites us to find rest in him. We can ask him for peace in prayer or seek peace as we meditate on his Word. If you want to practice meditating on God's Word, start with Psalm 46, particularly verse 10, "Be still, and know that I am God," or pick a passage that soothes your heart. Find a comfortable place. Take a deep and slow breath in, and then exhale fully. Focus on your breathing for a minute or two. Read

the passage slowly in your mind or out loud. Read it again. Ask yourself, "What is God saying to me here?" "How does this apply to me?" Re-read the passage. Close by thanking our heavenly Father for his faithfulness and grace. Thank him for being the source of peace for your soul. One of the key elements of this passage from Philippians is a part that I have brushed over in the past. Looking with fresh eyes, I think it might be one of the more important parts: the word *thanksgiving*. Gratitude. Giving thanks. I just finished reading a book on gratitude, and it taught me a simple truth: We have countless blessings, even on the days when it feels like the world is falling apart. When we have a tough day, or a difficult season in life, we can lose track of the many blessings we have, and highlight all of the parts of our life that are going poorly. This is the

robber of peace. No matter how many things are going wrong, there are blessings. Yes, it is healthy to acknowledge and face the difficult and complex emotions and experiences we go through, and face them honestly. I'm not telling you to "silver lining" all of your problems. At the same

time, we can acknowledge the blessings we have. I'm going to start, and then I want you to think of your own blessings, and write them down. One good way to do this is to write down one blessing per day, and share it with someone you care about.

My blessings:

he quest for

- A husband who is loving and supportive
- My body, which is growing a sweet baby
- Parents that love me
- Friends that encourage my faith and well-being
- · A church that God uses to feed my soul
- A growth group, where I grow in faith with my friends
- Nieces and nephews that fill me with joy
- A job that fulfills me, and co-workers that support me
- Having enough money to pay bills
- Air in my lungs
- A coat to keep me warm
- The sun that warms the earth and my face
- Laughter
- · Doctors that keep me healthy
- · Food that nourishes my body

Take time to nourish your souls with Scripture reading, prayer, and gratitude, and trust God to fill your hearts and minds with peace.

Heather Wegner

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The mission of Zion
Evangelical Lutheran Church
and School is to preach and
teach God's saving Word in
all its truth and purity.



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Ben Zuberbier, Pastor (920) 517-7940 pastorbenzuberbier@gmail.com

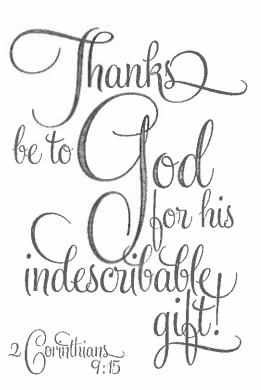
Chad Grambsch, Principal (414) 313-4308 cgrambsch@zioncrusaders.com

Don Schultz, Lakeside Principal (920) 648-2321



Council Names and Numbers

Jeff Krakow, Chairman	920-210-2388
Roger Weiland, Vice-Chairman	920-285-7360
9	
Nick Uebelacker, Secretary	608-225-8861
Will Penterman, Treasurer	920-750-8763
Andrew Tratar, Education	920-296-1485
Noah Litherland, Elders	608-354-5131
Outreach	
Aaron Larson, Property	608-220-6906
Otto Mattke, Stewardship	608-516-5279
Mike Hallberg, Family Ministry	608-225-4351



USHERS FOR JUNE

June 4th & June 11th

8:00am - Team E4
Mark Lindell (C)
Remington Lindell
Roger Weiland (C)
Bryce Weiland
Brett Weiland
Norman Weiland

10:30am - Team L2
Dale Schultz (C)
Daniel Schultz
Dylan Schultz
Michael Hallberg
Nathan Hallberg
Henry Tews

Eric Turnquist (C)

June 18th & June 25th

8:00am - Team E5
Kim Schilling (C)
Ronald Knudson
John Zandler
Andy Neuman
Matt Vosberg

10:30am - Team L3
Jim Kluetzman (C)
Gabe Uttech
Michael Uttech
Gary Schuhmacher

If you have any questions about the usher schedule, would like to be added as an usher or won't be able to serve any longer as an usher, please call Randy Koehn at (920) 296-4333.

Jadon Schwartz

WORSHIP WELCOMERS

June 4th

8:00am 10:30am

Delmar & Carol Vick Marcia Rewolinski &

Arlene Sennhenn

June 11th

8:00am 10:30am

Emily Henning & Otto & Sheree Mattke

Nancy Huebner

June 18th

8:00am 10:30am Jim & Jenny Greiling Bev Herold

June 25th

8:00am 10:30am

Dale & Joyce Gajdosik John & Sarah Brey

If you are interested in being added as a greeter or need to be removed from the schedule, please contact Melody Krakow at (920) 210-6323.



Church Attendance

April

Date	Total
6/7/9	1179
13/16	270
20/23	335
27/30	425

Membership Changes

Transfer In:

None

Transfer Out:

None

Released:

None



Lois White

18th

87 years

Richard Derr

20th 91 years

Ministrations

Baptisms:

3. Gracie Sue Tiedt Born 3/12/2023; Baptized 4/16/2023

Parents: Scott & Ashley Tiedt

4. Evie Rose Lueloff

Born 2/13/2023; Baptized 4/23/2023

Parents: Ted & Emily Lueloff

Deaths:

None

Marriages:

1. Bryce Weiland & Mikayla Haag - Married 4/15/2023

Confirmations:

Whitney Ludeman (Adult) - Confirmed 4/23/2023

Confirmation Class 4/30/2023:

Josie Brey

Jordan Ebert

Hannah Johansson

Cora Lloyd

Braun Kosterman

Keaira Sommer

Drew Tratar

Lilly Vosberg

Joy Washburn

Affirmations of Faith:

Bret Ludeman - 4/23/2023

Messenger Deadline

Please submit your Messenger articles by June 23rd. Contact Sue Henning at (608) 225-4853 or suehenning25@gmail.com if you have any questions.





When speaking of God's grace to the members of his church, St. Paul says in chapter 4 of his letter to the Ephesians, "Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God. . . speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work" (Ephesians 4:11-13a, 15-16 NIV).

It has been my privilege, pleasure and responsibility to serve you, the past, present, and future members of Zion, for nearly four years, and--Lord willing--it will continue to be. On Wednesday, I informed our church council that I am currently unable to carry out all the responsibilities you as a congregation have called me to. Simply put, my health will not allow me to for some time. In recent weeks, I've fought infection, experienced constant dizziness, and learned of issues with my digestive system--to name a few of my struggles. I have surgery scheduled for the month of July, and at the direction of the church council, will be taking medical leave until August 9th.

I request that you keep me, my family as we await the birth of a third child, Pastor Schwartz, our faculty, our staff, our leadership and all of Zion in your prayers. Since 1858 Christ has provided for the needs of our congregation in his abundant grace, grace that will not change now or in the days to come.

Meanwhile, as you see me around town, feel free to say, "Hi," and to stop and chat for a while. My family and I are sincerely grateful for the support we receive from our Christian family and from our friends in this community.

In Christ, Pastor Ben Zuberbier

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	Current Period	Year to Date	Year to Date Budget	YTD Budget Percentage
INCOME				
CONTRIBUTION INCOME				
UNRESTRICTED	\$67,962.92	\$658,095.11	\$0.00	0.00%
DONOR RESTRICTED	2,574.75	36,886.74	0.00	0.00%
Subtotal Contribution Income	70,537.67	694,981.85	0,00	0,00%
INTEREST INCOME	0.00	20.06	0.00	0.00%
MISCELLANEOUS INCOME	1,717.83	66,704.45	0.00	0.00%
RELEASE FROM RESTRICTIONS				
RELEASED FROM RESTRICTION	85.25	4,219.53	0.00	0.00%
TOTAL INCOME	72,340.75	765,925.89	0.00	0.00%
EXPENSES				
FIXED EXPENSES				
CALLED WORKER PAYROLL	\$29,781.03	\$298,571.18	\$309,465.00	96.48%
SUPPORT STAFF	4,781.53	39,429.49	41,675.00	94.61%
BENEFITS	13,072.79	152,294,74	183,657.50	82 92%
ADMINISTRATIVE EXPENSE	16,335.40	27,007.72	16,333.30	165.35%
BUILDING & GROUNDS	9,232.05	84,105.56	94,091.70	89.39%
Subtotal Fixed Expenses	73,202.80	601,408.69	645,222.50	93.21%
DEPARTMENTS/COMMITTEES				
OUTSIDE SUPPORT	8,574.00	86,540.00	85,865.00	100,79%
CHRISTIAN EDUCATION	714.60	3,468.04	3,333.40	104.04%
WORSHIP/MUSIC	2,629.31	6,664.38	11,041.80	60,36%
EVANGELISM/OUTREACH	0.00	389.55	5,416.70	7.19%
ELDERS	0.00	0.00	83.30	0.00%
STEWARDSHIP	328.76	2,887.89	2,750.00	105.01%
FAMILY MINISTRY	618.07	3,662.63	2,666.80	137.34%
Subtotal Departments/committees	12,864.74	103,612.49	111,157.00	93.21%
OTHER EXPENSES				
CONVENTIONS & SEMINARS	0.00	810.00	1,250.00	64.80%
Subtotal Other Expenses	0.00	810.00	1,250.00	64.80%
TOTAL EXPENSES	86,067.54	705,831.18	757,629.50	93.16%
TRANSFER ACCOUNTS				
TRANSFER TO OTHER FUNDS	-\$5,680.16	-\$78,161.58	\$0.00	0.00%
TOTAL TRANSFERS	-5,680.16	-78,161.58	0.00	0.00%
EXCESS INCOME/EXPENSES	-\$19,406.95	-\$18,066.87	-\$757,629.50	2.38%

Zion Lutheran Church - Estate Funds Report

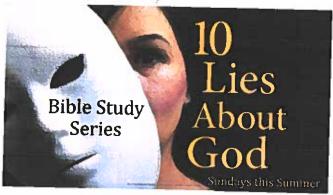
Mourul Harsactions (OTAL														(515)		Monthly Transactions* (\$14	Previous Balance \$5	Accounts Checking		Total Current Assets \$146,407.14	Total Transactions -\$2,2	Previous Month Assets \$148,641.91	Report for the Month of:
2000)	(\$149.85)			*	:								\$0.15 4/28 interest	(\$150.00) 4/7 Joan Marks	\$447.50 Exp	(\$149.85)	\$597.35			07.14	-\$2,234.77	41.91	April 2023
00.00	\$0.00														\$6,329.41	\$0.00	\$6,329.41	Savings	Undecignated				
						!									Exp	olar	atio	on	Mor				
(25,000,25)	(50 P8U C5)						\$1,281.46 4/28 Vanco	-\$5,425.00 4/25 AM Bank	\$989.00 4/21 Va	\$1,233.08 4/18 deposit	\$814.46 4/14 Vanco	-\$5,425.00 4/11 AM Bank	\$879.00 4/7 Vanco	\$3,568.08 4/6 deposit	\$137,539.27	(\$2,084.92)	\$139,624.19	Fund Savings	neted NEW Church School	\$139,630,23	New CI		
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2000	80 DD														\$2,090.96	\$0.00	\$2,090.96	Checking	NEW Church/School	checking/savings	<u>ai</u>		
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